

STEPS Students Report

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This year I was lucky enough to take part in the program STEPS (Students and Researchers Exchange Program in Sciences between Tokyo University and Russian universities (Lomonosov Moscow State University and St. Petersburg University) and to study for one month at the best University in Tokyo. Applying for student exchange, I highly doubt that I will pass the contest, because the program itself provides many academic opportunities for students of different specialties. However, it was attainable and realistic. Besides, the host side was organized absolutely everything to ensure a comfortable arrival and adaptation of students. The entire program STEPS prepared to speak English, so no difficulties in the interaction with other students and teachers does not arise. As there are no problems of linguistic nature, which I expected in matters of domestic nature, despite my low level of proficiency in the Japanese language.

The University of Tokyo (The University of Tokyo) is one of the largest and prestigious universities of Japan, is also famous for its research laboratories. It currently enrolls more than 30,000 students. My short-term study took place in the campus Department of Civil Engineering, and my supervisor was Mr. Kiichiro Hatoyama (Hatoyama Kiichiro). I was pleasantly surprised, as having prepared me for the workplace in the student lab and the level of confidence to the students. For example, all students have electronic keys that allow you to enter the campus and laboratories at any time.

The organization of educational process for me built some great way. Because of the short duration of my stay and the difference a strong academic program Department of Civil Engineering and the faculty of Psychology, of which I am a student at Moscow University, I have been more independent of the organization of educational time according to the objectives of the trip and my research interests. At that time, for me it was necessary to study the reasons for the increase in the number of suicides among children and adolescents in Japan, comparing the situation in Russia and Japan, examination of the system of adoption of children, and establishing scientific contacts with local laboratories in clinical psychology to further mutual cooperation. My main activity was the study and analysis of medical and psychological literature concerning these issues.

Thus, as a result of my research trips, I got a special experience with foreign literature and material for further cross-cultural research on a wide range of problems. And also, thanks to my supervisor Mr. Kiichiro Hatoyama (Hatoyama Kiichiro), I was able to meet with several representatives of the Department of Clinical Psychology and Department of Community and

Global Health. Now I have a terrific experience that I want to repeat again. With confidence I can say that this month has been for me incredibly interesting, intense and unforgettable.